

# BUSH 'N' BEACH WALKERS



## Tuesday Walks Calendar July to December 2009

DATE	TIME	DAY	CIRCUIT / TRACK	DISTANCE (Klms)	DIFFICULTY	TIME (Hrs)
7 July	07:00	Tues	Mt Coolum	6	M	2.5
14 July	07:00	Tues	Thilba Thalba Circuit via Pickering Firebreaks	7	M	3
21 July	07:00	Tues	Oakey Lookout, Burma Road Circuit	8.5	E	3
28 July	07:00	Tues	T2 Circuit and Darling Firebreak Loop	6.5	E-M	2
4 Aug	07:00	Tues	Full T3 Walk	7	E	2.5
11 Aug	07:00	Tues	Trail Bike Five Circuit	8	E	3
18 Aug	07:00	Tues	Upper Cedar Creek Hobbit Walk	6	M/H	3
25 Aug	07:00	Tues	Mt Cooroy	4	M	2
1 Sep	07:00	Tues	Scrubby Pocket/Feral Fire Breaks	9	H	3
8 Sep	07:00	Tues	Baxter Creek and Falls Track	8	M	3
15 Sep	07:00	Tues	Glasshouse Mountains Wildflower Wander	7	E	2.5
22 Sep	07:00	Tues	Lake Weyba Wildflower Walk from Marcus Beach	7	E	2
29 Sep	07:00	Tues	Point Glorious Circuit 1	8	E	3
6 Oct	07:00	Tues	Kondalilla Falls to Baroon Pocket Dam	11	H	4
13 Oct	07:00	Tues	Gheerulla Falls	7	M	2.5
20 Oct	07:00	Tues	Booloumba Creek near Kenilworth	7.5	M	3
27 Oct	07:00	Tues	Nambour Parklands	8	M	3
3 Nov	07:00	Tues	Cornelius Firebreak	7.5	M	3
10 Nov	07:00	Tues	Noosa National Park	8	M	3
17 Nov	07:00	Tues	Point Glorious Circuit 2	8.5	M	3
24 Nov	07:00	Tues	Walli Forest Reserve Circuit	7.5	M	3
1 Dec	07:00	Tues	Eumundi Forest Reserve	7.5	E	2.5
8 Dec	07:00	Tues	Ewen Maddock Dam	7	E-M	2.5
15 Dec	07:00	Tues	East Cedar Creek	6	M	2.5

WALK 'DIFFICULTY' LEGEND: E = Easy; M = Moderate; H = Hard; or combination thereof!

Please note that we are not a formal group, but a group of friends and acquaintances who have a common interest in walking for fitness and recreation. As a rule our walks happen on Tuesday mornings, walkers meeting at the Mapleton Pub Car Park around 7am. We car pool, leaving there at 7:15 to the start of our walk. This is a free service to the community, and we are unable to afford any Insurance against injury. Please be aware therefore that you participate in any of our activities at your own risk. It is the responsibility of participants to realistically assess their own level of fitness and suitability for a walk. It is the participant's responsibility to make sure they have the appropriate footwear and clothing and carry sufficient water, snacks, repellents, small first aid kit, etc., for their particular needs. If it has rained consistently for the days leading up to or on the day of a walk, the walk will probably have to be cancelled. We finish a walk usually with coffee and a chat (sometimes breakfast) at a local café. We enjoy our walks, and welcome all newcomers. To find out more about our walks, phone 0400 252 495, or to be placed on our weekly email list, send email to Mike at bushbeachwalkers@gmail.com